

Are you living with a disability or know someone who does?

# COASTAL BEND Aging & Disability Resource Center

An Initiative of the U.S. Department of  
Health and Human Services

The COASTAL BEND AGING AND DISABILITY RESOURCE CENTER (CBADRC) was developed through partnerships between the Area Agency on Aging (AAA) of the Coastal Bend, Behavioral Health Center of Nueces County (BHCNC), Coastal Bend Center for Independent Living (CBCIL), Coastal Plains Community Center (CPCC), and the Texas Department of Aging & Disability Services (DADS). Each are committed in collaborating to help empower individuals to make informed choices and to streamline access to long term services and supports.

~ **TARGET GROUPS** ~

- Caregivers**
- Older Persons**
- Persons with Disabilities of ALL Ages**
- Veterans**

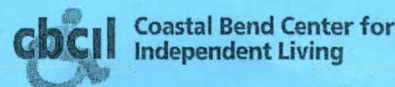
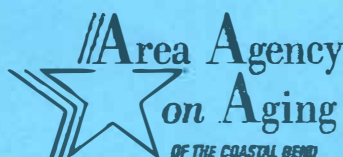
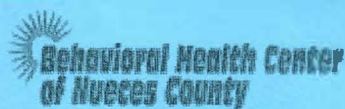
CBADRC can help:

- ◆ *family members ask the right questions*
- ◆ *understand answers for living independently*
- ◆ *provide information on available services and/or resources*
- ◆ *maintain independence, dignity and quality of life*
- ◆ *bring 'peace of mind'*

Call CBADRC for more information:

**361-883-3935**  
**855-937-2372**

**CBADRC Core Partners:**



As a family caregiver, do you need 'rest' (respite) for yourself?

Do you have questions on available resources for older persons or persons with a disability?

Do you provide care to a loved one or know someone who does?